

FORESTIA

FINE OUTDOOR MEALS



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Forestia offers a wide selection of ready-to-eat meals to enjoy outdoors

- ✓ Up to 36 months of shelf life.
- ✓ Just heat, open and eat.
- ✓ Free from trans fat.
- ✓ Free from GMO.
- ✓ Free from preservatives.



POUCH or SELF-HEATER

You can choose between our pouch or our Self-Heating products. Just heat and eat!



HEATER BAG

With our heating bags you just need 50 ml of water to heat up your meal. Forget about carrying a stove or lighting a fire.



COD AND RICE CASSEROLE

Cod cooked with steamed rice, poached onions and spinach in a herbed fish broth.



CHILI CON CARNE WITH WHOLE-GRAIN RICE

Ground beef cooked with kidney beans, corn and a medley of red & green peppers served over whole-grain rice.



BEEF STROGANOFF

Classic beef stroganoff in a hearty creamy sauce with mushrooms and pouched onions on a bed of long grain and wild rice.



FUSILLI ALL'UOVO WITH CHICKEN BOLOGNESE & GRANA PADANO

Pasta al dente with a smooth chicken bolognese sauce & sprinkled with fresh Grana Padano cheese



CHICKEN MADRAS WITH LONG GRAIN & WILD RICE

Mild madras curry with tender chicken and a mix of selected long grain & wild rice.



SALMON AND PORCINI MUSHROOM RISOTTO

Slow cooked risotto in a creamy sauce with fresh salmon and porcini mushrooms.



MINTY LAMB CASSEROLE WITH LONG GRAIN & WILD RICE

Slow cooked tender lamb served with long grain and wild rice and seasoned with fresh mint and fine country herbs.



VEGAN

VEGAN GREEN LENTIL CURRY

Mild green lentil curry with a medley of spinach, baby carrots, poached onion and roasted courgette.



VEGAN

MEDITERRANEAN VEGETABLE RICE STEW

Artichokes, cauliflower, red peppers and spring garlic stewed rice.



VEGAN

SOYA MEAT CURRY

Mild soya meat curry with a mix of a long grain and wild rice.



VEGETARIAN

VEGGIE MEATBALLS WITH PASTA

Vegetarian meatballs served with pasta in a Provençal sauce.



VEGETARIAN

BASIL PESTO PASTA

Classic pesto pasta sprinkled with basil, fine herbs and fresh Grana Padano cheese.





QUINOA WITH CRANBERRIES

Delicious wild quinoa from Peru on a creamy milk sauce served with wild blueberries and an exotic touch of cinnamon.



VANILLA-FLAVOURED RICE PUDDING

Classic rice pudding made with milk and selected rice and flavoured with a pinch of vanilla.



WHEAT PORRIDGE

Selected wild wheat flakes with milk and a light touch of tasty vanilla.



RICE PUDDING WITH CINNAMON AND ANISE

Tempting rice pudding flavoured with a pinch of cinnamon and Mediterranean anise.



ALL DAY BREAKFAST

Traditional English breakfast served with baked beans, tasty sausages, bacon, diced omelette and tender mushrooms.



VEGGIE BEANS BREAKFAST

Veggie version of the traditional English breakfast served with baked beans in a rich tomato sauce, tasty soya chunks and tender mushrooms.





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#WEAREFORESTIA
LOOKING FOR
#NATUREBESTPLACETO EAT.